

LUNCH & A DRINK for £6.00

Monday - Friday 12pm - 5pm

MAKE IT ALCOHOLIC for an extra £1

7oz GAMMON STEAK

Served with a fried free-range egg, seasoned triple-cooked chips and garden peas

SAUSAGES & COLCANNON

Pork and leek sausages with colcannon mash, steamed greens and gravy

VEGGIE SAUSAGES & COLCANNON ^{VE}

Vegan sausages with colcannon mash, steamed greens and gravy

SCAMPI & CHIPS

Nine pieces of wholetail scampi with a lemon wedge, seasoned triple-cooked chips and garden peas

WRAPS & PANINIS

ALL OUR WRAPS & PANINIS ARE SERVED WITH SEASONED TRIPLE-COOKED CHIPS & A LETTUCE WEDGE

TUNA & JACK CHEESE MELT PANINI

Tuna with mayonnaise and melting Monterey Jack cheese

VEGGIE MELT PANINI ^{VE}

Soya kebab strips, melting Monterey Jack cheese, with red onion and pepper

HAM & CHEESE MELT PANINI

Sliced ham with melting Monterey Jack cheese

BACKYARD BBQ WRAP

BBQ pulled pork with melting Monterey Jack cheese

MAC 'N' CHEESE ^{VE}

Macaroni in a Cheddar cheese sauce, served with garlic ciabatta

Top with chicken fillet **1.50**

Top with streaky bacon **1.00**

MARGHERITA PIZZA ^{VE}

Our stone-baked pizza base topped with cherry tomatoes, mozzarella and bregano

VEGAN^{VE} SERVE Available

FISH & CHIPS[†]

Freshly battered fillet of fish with seasoned triple-cooked chips and mushy peas

NEW PHILLY STEAK SANDWICH

Grilled rump steak, red onions and mushrooms with mature Cheddar cheese in warm ciabatta bread
£1.25 SUPPLEMENT

SOUTHERN-FRIED CHICKEN WRAP

Southern-fried chicken, gem lettuce and sweet chilli sauce

FISH FINGER WRAP

Crispy goujons of yellowfin sole, with gem lettuce and tartare sauce

PIZZA & A DRINK

From £8.75



MARGHERITA ^{VE}	8.75	PEPPERONI	10.25
VEGAN SERVE ^{VE} Available		HAWAIIAN	10.25
CHICK NORRIS	10.25	AMERICAN HOT	10.95
MEAT FEAST	10.95	VEGGIE ^{VE} VEGAN SERVE ^{VE} Available	10.95

BURGER & A DRINK

From £8

SERVED IN A TOASTED BRIOCHE-STYLE LINSEED BUN WITH OUR SIGNATURE BURGER SAUCE, LETTUCE AND RED ONION. SERVED WITH A SIDE OF SEASONED TRIPLE-COOKED CHIPS AND HOUSE PICKLES

CHARGRILLED BEEF BURGER	8.00	THE TRIPLE HOUSE	11.45
CHARGRILLED CHICKEN FILLET	8.00	NOTORIOUS P.I.G.	10.00
CHEESE & BACON	10.00	SOUTHERN-FRIED CHICKEN STACK	10.00
THE BIG DOUBLE	11.45	MOVING MOUNTAINS ^{VE}	10.45

PINTS: GUINNESS / CARLING LAGER

WINE 175ML GLASS: GALLO FAMILY VINEYARDS CABERNET SAUVIGNON / BAREFOOT WHITE ZINFANDEL / PINOT GRIGIO

SOFT DRINKS 18^{oz} DRAUGHT: PEPSI MAX / DIET PEPSI / LEMONADE

Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or you require our allergen information, please let us know before ordering.

(V) = made with vegetarian ingredients, (VE) = made with vegan ingredients, however some of our preparation and cooking methods could affect this. If you require more information, please ask your server.

*All weights stated are approximate and prior to cooking. †Dishes containing alcohol. Alcohol is only served to over 18s. Fish dishes main contain small bones. 'Burger double up' does not include The Big Double, The Triple House or the Southern-Fried Chicken Stack. All items are subject to availability. Where a product is unavailable a suitable alternative may be offered. All prices include VAT at the current rate. Crockery may vary.